Thomas Sunday
Κυριακή του Θωμά

Happy Mother’s Day

Epiphanius, Bishop of Cyprus 5/12/2024
Germanos, Patriarch of Constantinople 5/12/2024
Removal of the Sacred Relics of Saint Joachim "Papoulakis" of Vatopaidi 5/12/2024
Theodorus the Righteous of Cythera 5/12/2024

Morning Matins 9:00 am
Morning Great Doxology starts at 9:45 am
Morning Divine Liturgy 10:00 a.m

Greek & English is Used at All Services
Χρησιμοποιούμε Ελληνικά και Αγγλικά σε κάθε Ακολουθία
The Sunday Epistle Reading

Great is our Lord, and great is his power.
Verse: Praise the Lord, for the Lord is good.

The reading is from Acts of the Apostles 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Μέγας ὁ Κύριος ἡμῶν, καὶ μεγάλη ἡ ἴσχὺς αὐτοῦ.
Στίχ. Αἴνειτε τὸν Κύριον, ὅτι ἀγαθός.

Πράξεις Ἀποστόλων τὸ ἀνάγνωσμα 5:12-20

Ἐν ταῖς ἡμεραῖς ἔκείναις, διὰ δὲ τῶν χειρῶν τῶν Ἀποστόλων ἐγίνετο σημεία καὶ τέρατα ἐν τῷ λαῷ πολλά· καὶ ἦσαν ὁμοθυμαδὸν ἀπαντεῖς ἐν τῇ στοίχῃ Σολομῶντος. Τῶν δὲ λοιπῶν οὕδεις ἐτόλμα κολλᾶσθαι αὐτοῖς, ἀλλὰ ἐμεγάλυνεν αὐτοὺς ὁ λαὸς· μᾶλλον δὲ προσετίθεντο πιστεύοντες τῷ κυρίῳ, πλήθες ἄνδρῶν τε καὶ γυναικῶν· ὡστε κατὰ τὰς πλατείας ἐκφέρειν τοὺς ἀσθενεῖς, καὶ τιθέναι ἐπὶ κλίνον καὶ κραββάτων, ἵνα ἑρχομένου Πέτρου κἂν ἢ σκιὰ ἐπισκίαση τοῖς αὐτῶν. Συνήρχετο δὲ καὶ τὸ πλήθος τῶν πέριξ πόλεων εἰς Ἰερουσαλήμ, φέροντες ἀσθενεῖς καὶ ὁχλουμένους ὑπὸ πνευμάτων ἀκαθάρτων, οὕτως ἐθεραπεύοντο ἀπαντεῖς. Αναστάς δὲ ὁ ἀρχιερεύς καὶ πάντες οἱ σὺν αὐτῷ - ἡ οὕσα αἰρέσις τῶν Σαδδουκαίων - ἐπλήσθησαν ζῆλον, καὶ ἐπέβαλον τὰς χεῖρας αὐτῶν ἐπὶ τοὺς Ἀποστόλους, καὶ ἔθεντο αὐτοὺς ἐν τηρήσει δημοσία.

Ἅγγελος δὲ κυρίου διὰ τῆς νυκτὸς ἤνοιξεν τᾶς θύρας τῆς φυλακῆς, ἐξαγαγὼν τε αὐτοὺς εἶπεν, Πορεύεσθε, καὶ σταθέντες λαλεῖτε ἐν τῷ ἱερῷ τῷ λαῷ πάντα τὰ ῥήματα τῆς ζωῆς ταύτης.
On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them and said, "Peace be with you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and My God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing, you may have life in His name.
ἀκολουθεί ημέρα ἐκείνη τῇ μιᾷ τῶν σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ἰουδαίων, ἦλθεν ὁ Ἰησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· "Εἰρήνη ὑμῖν. Καὶ τούτῳ εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖράς καὶ τὴν πλευρὰν αὐτοῦ· ἐχάρησαν οὖν ὦν μαθηταὶ ἰδώντες τὸν Κύριον. Εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν· "Εἰρήνη ὑμῖν, καθὼς ἀπέσταλκέ με ὁ πατὴρ, κἀγὼ πέμπω ὑμᾶς. Καὶ τούτῳ εἰπών ἐνεφύσησε καὶ λέγει αὐτοῖς· "Λάβετε Πνεῦμα Ἁγίου. Ἄν τινων ἀφῆτε τὰς ἀμαρτίας, ἀφιένται αὐτοῖς, ἂν τινων κρατήτη, κεκράτηταί. Θωμᾶς δὲ, εἰς ἐκ τῶν δώδεκα, ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ’ αὐτῶν οτὲ ἦλθεν Ἰησοῦς· ἔλεγεν οὖν αὐτῷ· οἱ ἄλλοι μαθηταί· Ἐσωράκαμεν τὸν Κύριον. Ὅ δὲ εἶπεν αὐτοῖς· Ἔὰν μὴ ἵδω ἐν ταῖς χερσίν αὐτοῦ τὸν τύπον τῶν ἡλῶν, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἡλῶν, καὶ βάλω τὴν χειρά μου εἰς τὴν πλευράν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ’ ἡμέρας ὅκτω πάλιν ἦσαν ἔσω οἱ μαθηταὶ αὐτοῦ, καὶ Θωμᾶς μετ’ αὐτῶν. Ἐρχεται ὁ Ἰησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἔστη εἰς τὸ μέσον καὶ εἶπεν· "Εἰρήνη ὑμῖν. Εἶτα λέγει τῷ Θωμᾷ· φέρε τὸν δάκτυλόν σου ὕδε, καὶ οἴε τὰς χειρὰς μου. καὶ φέρε τὴν χειρά σου καὶ βάλε εἰς τὴν πλευράν μου, καὶ μὴ γίνου ἀπιστός ἄλλα πιστός. Καὶ ἀπεκρίθη ὁ Θωμᾶς καὶ εἶπεν αὐτῷ· ὁ Κύριός μου καὶ ὁ Θεός μου. Λέγει αὐτῷ ὁ Ἰησοῦς· Ὅτι ἐώρακάς με πεπίστευκας, μακάριοι οἱ μὴ ἰδόντες, καὶ πιστεύσατε. Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ἰησοῦς ἐνώπιον τῶν μαθητῶν αὐτοῦ, ἀ οὖν ἐστὶν γεγραμένα ἐν τῷ βιβλίῳ τούτῳ· τοῦτα δὲ γέγραπται ἵνα πιστεύσητε ὅτι ὁ Ἰησοῦς ἐστὶν ὁ Χριστὸς ὁ νῦν τοῦ Θεοῦ, καὶ ἱνα πιστεύσατε, ζωὴν ἔχετε ἐν τῷ ὅνωματι αὐτοῦ.
Today’s Scheduled Coffee Hour 5/12
Philochoths

Today’s Scheduled Narthex Greeters for 5/12
George Delagrammatikas
Kerri Zaferatos

Our Volunteer Chantor
Nicholas Georgiou

Our Volunteer Choir Director
Panos Messis

Our Volunteer Organist
Eleni Christakos
The Modern Mom: Embracing Motherhood in 2024

January 29, 2024

In today’s society, the role of motherhood has undergone a profound evolution, transforming into a dynamic and multifaceted journey. As we step into 2024, we witness a new era—the era of the modern mom. This shift brings with it a redefinition of traditional norms, a celebration of diversity, and a collective empowerment of women navigating the intricate maze of family, career, and self-discovery.

Embracing motherhood in 2024 is about nurturing the next generation and embracing one’s identity and well-being in the process. Modern moms are breaking stereotypes, challenging societal expectations, and crafting unique narratives that reflect the complexity and beauty of their lives. Join us on this insightful exploration as we delve into the nuances of the modern mom experience. We’ll unravel the evolving roles, discuss strategies for prioritizing well-being, and shine a spotlight on the invaluable support and resources available at Motherhood Center in Houston, Texas.

Whether you’re a seasoned mom or embarking on this journey for the first time, this article is a compass guiding you through modern motherhood. Together, let’s celebrate the strength, resilience, and beauty that define motherhood in 2024.

Redefining Motherhood in 2024

The landscape of motherhood is undergoing a transformative shift in 2024, challenging age-old stereotypes and embracing a diverse array of archetypes. Modern moms are breaking free from traditional molds, forging paths that reflect their unique identities and choices. In this section, we’ll delve into the nuanced aspects of this redefinition, exploring the archetypes that define the modern mom and how family dynamics are evolving to create a more inclusive narrative.

Breaking Stereotypes: Modern Mom Archetypes

Gone are the days of one-size-fits-all motherhood. In 2024, we celebrate all that modern moms embody. From the career-driven mompreneur to the nurturing stay-at-home mom, each reflects the individuality and choices of mothers navigating the complexities of contemporary life. Embracing
diversity in motherhood is not just a trend; it’s a powerful statement that dismantles outdated expectations, fostering a sense of empowerment and freedom of choice. In this era, diversity is not only acknowledged but celebrated. Moms from different cultural backgrounds and those who challenge conventional family structures are adding depth and richness to the tapestry of motherhood. It’s a celebration of uniqueness, proving that there is no single formula for being a great mom.

**Shifting Family Dynamics: Embracing Diversity**

The traditional nuclear family is making way for diverse and inclusive family structures. Modern moms navigate blended families, co-parenting arrangements, and single-parent households with resilience and grace. Modern moms are at the forefront of embracing these diverse family dynamics, fostering an inclusive understanding of what constitutes a loving and supportive home.

**Balancing Act: Juggling Work and Family Life**

One of the significant shifts in modern motherhood is the recognition that women can successfully balance both career and family life. The modern mom is not just confined to the home; she is an active participant in the professional arena. Juggling the demands of a career while nurturing a family requires strategic time management, support systems, and, most importantly, a societal acknowledgment of the value of a mother’s contributions inside and outside the home.

As we journey through the modern mom experience, it’s evident that redefining motherhood in 2024 is about embracing individuality, celebrating diversity, and mastering the delicate dance of balancing personal and professional aspirations. The evolving roles of modern moms paint a vibrant picture of a community breaking free from constraints, united by the common thread of empowerment and resilience.

**Prioritizing Well-being**

In the fast-paced landscape of modern life, the well-being of mothers stands as a cornerstone for a thriving family. The journey of motherhood in 2024 demands a deliberate focus on self-care, mental health, and physical vitality. Let’s explore practical strategies that empower moms to prioritize their well-being amidst the demands of daily life.

**Self-Care Strategies: Nurturing the Nurturer**

Amidst the demands of nurturing others, mothers often overlook the necessity of self-nurturing. Self-care isn’t a luxury but a vital component of a mother’s well-being. From carving out quiet
moments for personal reflection to indulging in small pleasures, embracing self-care is a powerful means of replenishing the emotional reservoir. Explore personalized self-care routines, recognizing that each mom’s journey is unique. Whether it’s a serene cup of tea, a rejuvenating bath, or a few pages of a favorite book, finding moments of solace fosters resilience and joy.

**Mental Wellness: Coping with the Challenges**

The modern mom faces an array of challenges, from societal expectations to the intricacies of family dynamics. Prioritizing mental wellness is not only a necessity but an empowering choice. Acknowledge and address mental health with expert-led workshops on stress management and counseling services tailored for mothers. Destigmatize mental health discussions and embrace the available support to take a crucial step towards holistic well-being.

**Fitness for Moms: Beyond Traditional Norms**

Physical well-being is interconnected with mental health, and integrating fitness into the mom’s routine goes beyond conventional norms. In 2024, moms are encouraged to explore diverse fitness options, emphasizing that staying active can be both enjoyable and adaptable to individual lifestyles. Break away from stereotypes and create a space where moms can discover joy in physical activity tailored to their preferences and schedules.

**Healthy Living Hacks for Busy Moms**

For the modern mom, juggling various responsibilities often leaves little time for elaborate meal plans or lengthy workouts. Here are some practical and time-efficient healthy living hacks:

- **Smart Meal Prep:** Dedicate a specific time each week to plan and prepare nutritious meals. Batch cooking can save time and ensure you have wholesome options readily available.
- **Micro-Workouts:** Incorporate short bursts of exercise into your day. Sneak in 10-minute workouts during breaks or opt for activities like stair climbing for a quick energy boost.
- **Hydration Reminder Apps:** Stay on top of your water intake with smartphone apps that send regular reminders. Proper hydration is essential for overall well-being.
- **Mindful Snacking:** Choose snacks that provide sustained energy and include a combination of protein and healthy fats. Nuts, yogurt, or fresh fruit with nut butter are excellent choices.
- **Quality Sleep Practices:** Prioritize a consistent sleep schedule and create a relaxing bedtime routine. Quality sleep is foundational for both physical and mental well-being.

Explore these accessible and realistic strategies to align with the modern mom’s lifestyle, making healthy living an achievable and sustainable goal.
Motherhood Center’s Role in Empowerment

At Motherhood Center, we believe in empowering mothers at every step of their journey. Our commitment goes beyond providing traditional services; we strive to create an environment where modern moms feel supported, informed, and celebrated. Let’s explore the range of resources available to enhance your motherhood experience.

Prenatal and Parenting Education Classes

Our Prenatal and Parenting Education Classes serve as a foundation for confident motherhood. Led by experienced educators, these classes cover a spectrum of topics, from pregnancy essentials to prepared childbirth and newborn care. We prioritize creating a space where questions are welcomed, fears are addressed, and connections are formed among expecting mothers.

Yoga and Fitness Classes: A Holistic Approach

Motherhood is a holistic journey, and our Yoga and Fitness Classes are designed to nurture both the body and mind. Led by certified instructors, these classes provide a blend of physical exercise and relaxation techniques tailored to the unique needs of moms. Whether you’re an expectant mom seeking gentle prenatal exercises or a mother looking to regain strength postpartum, our classes cater to diverse needs.

Massage Services: Rejuvenating the Mind and Body

Amidst the demands of motherhood, self-care becomes paramount. Our Massage Spa Services offer a sanctuary for moms to unwind and recharge. From prenatal massages that ease the discomforts of pregnancy to postpartum massages designed to promote healing, our skilled therapists provide personalized care, ensuring mothers leave feeling revitalized.

Baby Doula Services: Support During and After Birth

Welcoming a new life is a transformative experience, and our Postpartum Doula Services are here to provide guidance and support. Our doulas offer practical assistance, emotional support, and evidence-based information during the crucial postpartum period. From breastfeeding guidance to newborn care tips, we are dedicated to helping mothers navigate the early stages of motherhood with confidence.

As you embark on the empowering journey of modern motherhood, Motherhood Center is your steadfast ally, offering a comprehensive suite of services designed to support, educate, and uplift. We understand that each mother’s journey is unique, and our goal is to provide a tailored support system that celebrates the strength inherent in every modern mom.
Community Connection at Motherhood Center

Motherhood is a shared experience, and at Motherhood Center, we recognize the power of community. Our commitment extends beyond individual care to fostering connections among mothers, creating support that lasts a lifetime.

Building a Support Network: Connecting Moms

In our ever-connected world, the importance of tangible connections cannot be overstated. Motherhood Center provides a platform for building a support network where moms can connect, share experiences, and forge friendships. Our community events and gatherings, such as our Baby Bump Social create a space where mothers can exchange stories, advice, and laughter, fostering a sense of belonging in the beautiful tapestry of motherhood.

Workshops and Events: Sharing Experiences

Our workshops and events go beyond the traditional to address the diverse facets of motherhood. From expert-led discussions on parenting challenges to interactive sessions, these events provide a platform for shared learning and growth. We believe that every mother has a unique story, and by sharing these narratives, we enrich the collective experience of motherhood.

Mama Circle: Postpartum Support Class

At the heart of our community connection is Mama Circle, our postpartum support class. Facilitated by experienced professionals, Mama Circle provides a safe and nurturing space for mothers to share the highs and lows of their postpartum journey. From discussing the intricacies of motherhood to offering emotional support, this class is a cornerstone of our commitment to creating a community where every mom feels seen and supported.

In the vibrant tapestry of Motherhood Center’s community, we invite you to weave your story, connect with fellow moms, and embrace the power of shared experiences. Together, we navigate the beautiful journey of motherhood, creating lasting connections that go beyond the ordinary.

Navigating Challenges in the Modern Mom Journey

Motherhood is an incredible journey, but it comes with its set of challenges. In the dynamic landscape of contemporary society, modern moms face unique hurdles that require resilience, adaptability, and a supportive community. Let’s explore how mothers are navigating these challenges and finding strength in adversity.
Overcoming Mom Guilt: Finding Balance
One of the prevalent challenges modern moms encounter is the infamous “mom guilt.” Balancing the demands of career, family, and personal well-being can often leave mothers feeling torn. However, embracing the understanding that perfection is not the goal and finding a balance that works for you and your family is key to overcoming this common struggle.

Handling Societal Pressures: Redefining Success
Societal expectations and pressures can cast a shadow on the modern mom’s journey. The definition of success in motherhood is evolving, and mothers are bravely redefining it on their own terms. From challenging traditional roles to embracing diverse family structures, modern moms are carving paths that resonate with their values, allowing them to define success in their unique ways.

Single Moms: A Strong Support System
Single moms, in particular, face distinct challenges that require unwavering strength. Navigating parenthood solo can be demanding, but a strong support system makes all the difference. Modern moms are breaking stigmas, seeking and providing support within their communities, and proving that solo parenting is a journey filled with courage and resilience. As we acknowledge these challenges, it’s essential to celebrate the strength and resilience that modern moms embody. By sharing stories, supporting one another, and redefining societal expectations, mothers navigate the intricate paths of their journey with grace and determination. Together, let’s recognize and uplift the courage it takes to overcome these challenges, forging a path that honors the diverse and empowering essence of modern motherhood.

Celebrating Milestones
In the journey of motherhood, every moment, big or small, marks a significant milestone. It’s a tapestry woven with memories, growth, and the shared joy of raising the next generation. Let’s take a moment to celebrate these milestones that make the modern mom journey truly extraordinary.

Embracing Motherhood Moments
From the first flutter of a baby’s kick to the joyous chaos of family meals, modern moms find beauty in everyday moments. These seemingly ordinary experiences become extraordinary milestones when viewed through the lens of motherhood. Embracing the laughter, the tears, and the quiet moments of connection, mothers create a narrative that is uniquely theirs.
Capturing Memories: Cherishing Every Stage

As children grow, so does the journey of motherhood. Capturing these precious moments becomes a way to freeze time and hold onto the magic of each stage. Modern moms are adept at cherishing the first steps, the school performances, and the bedtime stories—creating a treasury of memories that form the heart of their motherhood journey.

As we celebrate these milestones, let’s acknowledge the resilience, love, and dedication that moms pour into each day. These moments—big and small—make up the true essence of motherhood. Together, let’s recognize that each step forward is a testament to the strength and enduring spirit of the modern mom.

Conclusion

As we conclude our exploration into the dynamic world of modern motherhood, it’s evident that the journey is multifaceted, marked by challenges, celebrations, and an unwavering spirit of resilience. We’ve delved into the evolving roles of contemporary moms, the strategies for prioritizing well-being, and the invaluable resources at Motherhood Center that empower and support every step of the way.

From redefining societal norms to finding strength in the face of challenges, modern moms exemplify a remarkable blend of courage and compassion. The commitment to community, the celebration of milestones, and the acknowledgment of challenges weave a tapestry of motherhood that is as diverse as the women who embark on this transformative journey.

In the heart of this journey lies Motherhood Center—a beacon of support, education, and community for mothers in Houston, Texas, and beyond. Whether you’re an expectant mother seeking prenatal education, a new mom in search of postpartum support, or a seasoned mom navigating the challenges of raising a family, Motherhood Center is here for you. For personalized assistance and to embark on this enriching journey with us, contact Motherhood Center today.

FAQs

How can I find a balance between work and family life?

Striking a balance involves setting clear priorities, creating boundaries, and seeking support from friends and family. Explore local community resources and workshops to discover effective strategies tailored to your unique situation.

What self-care strategies are effective for busy moms?
Self-care is crucial for well-being. Incorporate small rituals into your routine, delegate tasks, and don’t hesitate to ask for help. Explore Motherhood Center’s wellness classes, including yoga and fitness, designed to rejuvenate both body and mind.

What resources does the Motherhood Center provide for new moms?
Motherhood Center offers a wealth of resources for new moms, including prenatal and parenting education, postpartum doula services, and a supportive community through Mama Circle. These resources are here to guide you through the challenges of early motherhood.

How can I connect with other moms in the community?
Building connections is vital. Attend Motherhood Center’s community events and workshops. Mama Circle, our postpartum support class, is an excellent opportunity to connect with other moms and share experiences in a supportive setting.

What support does Motherhood Center offer for single moms?
Motherhood Center understands the unique challenges single moms face. Our resources, including postpartum doula services, support groups, and personalized guidance, are crafted to provide the essential support single moms need in their courageous journey of motherhood.

Congratulations to Our Saint Barbara Greek School Moms
If you want to get the chance to meet the best support group for moms, our families, and our church. Just make a point to drop by our Church hall on any given Saturday when we have Greek School and you will see moms enjoying each other's company. These same moms are also our Sunday School moms. They use their child’s class time to offer support, advice, and assurance to one another as moms and wives. They share a wealth of knowledge and experience that is so motivational to all within ear shot.

+ Father Stavroforos
Happy Mother's Day

My mother kept a garden, a garden of the heart. She planted all the good things that gave my life its start. She turned me to the sunshine and encouraged me to dream, fostering and nurturing the seeds of self-esteem. And when the winds and rains came she protected me enough, but not too much because she knew I needed to grow strong and tough. Her constant good example always taught me right from wrong. Markers for my pathway that will last a lifetime long. I am my mother's garden. I am her legacy and I hope today she feels the love reflected back from me.
A Mother's Day Prayer

Heavenly Father, we thank you for the gift of mothers. May these bearers of life also be bearers of your Word. May they teach and train up their children in the way they should go, so when they are old they will not depart from it (Proverbs 22:6). Even when the children are already grown, help mothers to sow the seeds that will bear the Fruit of Your Spirit. Just as a mother's work is never done, and her prayers for her children will never end. A piece of her heart is always with them.

Lord, we've learned that this huge responsibility is one that has no job description. There's no special college degree, no on-the-job training program. Help each mother to realize that You offer something even better than those things: Your Spirit and Your Word.

May the Holy Spirit guide each mother as she seeks for wisdom. Illuminate the Scriptures for her. Help her encourage her children to honor You. Give her a church family that will come alongside her and show the love of Christ to her and her family. Place godly mentors in her life and also in the lives of her children. May they seek You and find You.

In Jesus name, we pray. Amen.