



ORTHODOX CATECHISM PROJECT



Dear Prospective Catechumen and Fellow Orthodox Christians,

Greetings in the name of the Lord Jesus Christ!

Thank you for expressing interest in learning more about the Orthodox Christian Faith. We welcome everyone, including our own members, to grow in knowledge of the Church teachings and traditions.

A catechumen is defined as “one receiving instruction in the basic doctrines of Christianity before admission to communicant membership in the Church.” You may have already decided to join the Orthodox Church. However, participating in a learning program does not obligate you to join the Church.

ORTHODOXY 101 – Wednesday Evening Classes
Instructor: Fr. Stavroforos 6:30 pm
Location: Saint Barbara Church Conference Room

Introduction to Orthodoxy 1: Introduction and Church Tour

- Oct. 3

This first lesson of the Introduction to Orthodoxy Series discusses briefly what it means to be Orthodox and includes a tour of an Orthodox Church.

[Read More About Introduction to Orthodoxy 1: Introduction and Church Tour »](#)

Introduction to Orthodoxy 2: The History of the Orthodox

Church – Oct. 10

This lesson discusses the history of the Orthodox Church, the schism of 1054, the Church of Rome, Ecumenical Councils, our Creed and filioque.

[Read More About Introduction to Orthodoxy 2: The History of the Orthodox Church »](#)

Introduction to Orthodoxy 3: Jesus Christ – Oct. 17

Who is Jesus Christ? This lesson speaks to the Incarnation, the Resurrection, the meaning of "Jesus Christ," and Christ as our Savior from sin.

[Read More About Introduction to Orthodoxy 3: Jesus Christ »](#)

Introduction to Orthodoxy 4: The Holy Trinity – Oct. 24

In the Trinity's name we are brought into the Church, baptized in the Name of the Father, the Son, and the Holy spirit, through and in the Trinity we pray, we affirm that it is the Trinity...

[Read More About Introduction to Orthodoxy 4: The Holy Trinity »](#)

Introduction to Orthodoxy 5: Salvation – Oct. 31

Repentance is our gateway to the Kingdom. This lesson discusses the idea that through good works, we can work toward our salvation.

[Read More About Introduction to Orthodoxy 5: Salvation »](#)

Introduction to Orthodoxy 6: Fathers, Saints, and

Theotokos – Nov. 7

An overview of the roles of Church Fathers is offered, Saints and their intercession of prayer are discussed, a discussion of Theotokos includes Paraklesis...

[Read More About Introduction to Orthodoxy 6: Fathers, Saints, and Theotokos »](#)

Introduction to Orthodoxy 7: The Holy Sacraments – Nov.

14

The sacraments are a means by which we come into contact with the Risen Jesus Christ. Baptism, Chrismation, Eucharist, confession, marriage, unction, and ordination are discussed.

[Read More About Introduction to Orthodoxy 7: The Holy Sacraments »](#)

Introduction to Orthodoxy 8: Prayer – Nov. 28

The development of prayer, the Jesus Prayer, connecting our hearts to prayer, and the ascetic are discussed.

[Read More About Introduction to Orthodoxy 8: Prayer »](#)

Introduction to Orthodoxy 9: Scripture - Dec. 5

In this lesson students will discuss the history of scripture, whose interpretation to use, and what the bible is and is not.

[Read More About Introduction to Orthodoxy 9: Scripture »](#)

Introduction to Orthodoxy 10: Orthodox Spirituality – Dec.

12

For the purposes of this lesson, spirituality is spoken of as a specific way of living that can bring us closer to God, that can lead to communion, that is ultimately transformational...

[Read More About Introduction to Orthodoxy 10: Orthodox Spirituality »](#)

Introduction to Orthodoxy 11: Becoming Orthodox – Dec.

19

Becoming Orthodox is a journey, and not a destination. This brief lesson offers comparison to reaching the summit of Mount Everest.

[Read More About Introduction to Orthodoxy 11: Becoming Orthodox »](#)

You're Invited!

All Orthodox Christians: Knowing What You Have

*All Non-Orthodox Christians:
Finding What You Need*